2004

2006

groups about what we would change and what we wouldn't. On the Saturday evening we had an hour and a half session called "A celebration and ceremony of change and growth". It was a journey through life. We started in the mother's womb, moved to toddler-hood where we got a story and a lollipop, then to childhood where we pretended to be at a child's birthday party. Lastly we were at a self-conscious teenage party where we all were given different personalities. It was a lot of fun

Sunday was filled with a similar programme. In the discussion times we looked at "Which planet are you from?" and "Trust Me". The activities were "Emotions", where we looked at	
	the emotions that surround our everyday life and "Talk to Me" more drama orientated around our body language and what it means. All in all very interesting.
A discussion session	On the Sunday evening we had a 45 minute inspirational that was really well put together with a definite amount of unusual music. It ended with the song "Stand by me" everyone who knew the song joined in. The evening ended with roasting marshmallows around a bonfire.
Unfortunately I had to leave on the Sunday night but it ended with an evaluation session on the Monday. It was a fantastic weekend and I am really glad I didn't miss it. However if you did and you would be interested in going to an event with the same programme email me at soee302@hotmail.com as I would like to organise one in Scotland some time soon.	
Hope to hear from lots of you. Zoe Sier	
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